

Mija Khan, M.D.

POSITIONS

September 2021 - present Preferred Plastic Surgery
Plastic Surgeon
Scottsdale, Arizona

EDUCATION

July 2020 – June 2021 Plastic and Reconstructive Surgery Chief Resident
Wake Forest Baptist Medical Center
Winston Salem, North Carolina

July 2015 – June 2021 Plastic and Reconstructive Surgery Residency
Wake Forest Baptist Medical Center
Winston Salem, North Carolina

August 2011 – May 2015 West Virginia University School of Medicine
Doctor of Medicine
Morgantown, West Virginia

August 2007 - May 2011 Cornell University, Ithaca, New York
College of Human Ecology
Bachelors of Science in Human Biology, Health and Society

EXPERIENCE

2010 Institute of Reconstructive Plastic Surgery Laboratory,
New York University Langone Medical Center
Research Assistant, New York, New York

2010 International Honors Program
Washington, D.C., South Africa, Vietnam, Brazil
Health & Community Scholar

2010-2011 Poverty and Human Development Research, Cornell University
Research Assistant, Ithaca, New York

HONORS AND AWARDS

2007 All-State Team Cross Country and Track, WV High School Athletic Association

2007 National Honors Society

2007 Spanish National Honors Society

2008 Clarice Mill Scott Scholarship Recipient

2008 National Name Exchange
2008-2011 College of Human Ecology, Dean's List
2010 International Honors Program
2011 Medical Deans Access Scholarship
2015 American Medical Women Association Glasgow-Rubin Achievement Award
2016 Silver Medal Award, 24th Annual Wake Forest Surgical Services Resident Research Day
2017 Randolph County Sports Hall of Fame Inductee
2020 Gold Medal Award, 28th Annual Wake Forest Surgical Services Resident Research Day
2021 Clinical Excellence Award - Wake Forest Baptist Medical Center

PROFESSIONAL MEMBERSHIPS

American Society of Plastic Surgeons, member
American College of Surgeons, member
Southeastern Society of Plastic and Reconstructive Surgeons

PROFESSIONAL COURSES

2014 Gold Humanism Educational Summit
Charleston, West Virginia
2016 Duke Oncological Reconstruction and Microsurgery Course
Durham, North Carolina
2018 Stryker Craniofacial Trauma Course
New York, New York
2019 American Society of Plastic Surgery Senior Resident Conference
San Diego, California

SURGICAL MISSION TRIPS

June 2017 Chisanau, Moldova
Pediatric Craniofacial Reconstruction
May 2018 CoRSU Rehabilitation Hospital, Kisubi, Uganda
May 2019 Hospital of Hope, Togo, Africa

PUBLICATIONS

Satteson, E. S., Driscoll, C., **Khan, M.**, Walker, N. J., Person, D., Bagg, M., & Tannan, S. Efficacy of Abductor Pollicis Longus Suspensionplasty Compared to Ligament Reconstruction and Tendon Interposition. *HAND* (2020)

Bi, H., **Khan, M.**, Li, J., & Pestana, I. A. (2018). Use of Incisional Negative Pressure Wound Therapy in Skin-Containing Free Tissue Transfer. *Journal of reconstructive microsurgery*, 34(03), 200-205.

Khan M, Pestana I, Hongda B, Li J .Abstract: The Use of Negative Pressure Wound Therapy in Skin-Containing Free Tissue Transfer. [Plast Reconstr Surg Glob Open](#). 2017 Sep; 5(9 Suppl): 137. Published online 2017 Oct 2.

Stone, P. A., Thompson, S. N., **Khan, M.**, Northfield, E., Schillinger, R., & Skaff, P. (2017). The Impact of Biochemical Markers on Major Adverse Cardiovascular Events and Contralateral Carotid Artery Stenosis Progression Following Carotid Interventions. *Annals of vascular surgery*, 38, 144-150.

Judhan RJ, Silhy R, Statler K, et al. The Integration of Adult Acute Care Surgeons into Pediatric Surgical Care Models Supplements the Workforce without Compromising Quality of Care. *The American surgeon*. 2015;81(9):854-858

PRESENTATIONS

Khan, M., Calder, B., Newsome, M., Prabhu, S., Katz, A. *Prepectoral Reconstruction: Outcomes and Experience at a Single Institution*. 28th Annual Wake Forest Surgical Service Resident Research Day. Winston-Salem, NC. November 2020

Khan M. Non-Surgical Rhinoplasty. Department of Plastic & Reconstructive Surgery Grand Rounds. Wake Forest Baptist Medical Center, Winston-Salem, NC. November 2020

Khan M., Maus J, Defranzo A, Marks M, Molnar J. Application of Biodegradable Temporizing Matrix in Limb Salvage Following Necrotizing Soft Tissue Infections. American Society of Plastic Surgery The Meeting 2020. Virtual. October 2020

Maus J, Hemal K, **Khan M**, Calder B, Marks M, Defranzo A, Pestana I. Dermal Regeneration Template and Stage Skin Grafting as an Alternative to Complex Reconstruction of the Oncologic Scalp Defects: A 14-Year Experience in 102 Patients. American Society of Plastic Surgery The Meeting 2020. Virtual. October 2020

Khan M. The Ergonomics of Plastic Surgery. Department of Plastic & Reconstructive Surgery Grand Rounds. Wake Forest Baptist Medical Center, Winston-Salem, NC. April 2020

Khan M, Maus J, Defranzo A, Marks M, Molnar J. Application of Biodegradable Temporizing Matrix in Limb Salvage Following Necrotizing Soft Tissue Infections. 42nd John A Boswick Burn & Wound Care Symposium. Maui, HI. January 2020

Khan M, Maus J, Defranzo A, Marks M, Molnar J. Application of Biodegradable Temporizing Matrix in Limb Salvage Following Necrotizing Soft Tissue Infections. 27th Annual Wake Forest Surgical Service Resident Research Day. Winston-Salem, NC. November 2019

Maus J, Hemal K, **Khan M**, Calder B, Marks M, Defranzo A, Pestana I. Dermal Regeneration Template and Stage Skin Grafting as an Alternative to Complex Reconstruction of the Oncologic Scalp Defects: A 14-Year Experience in 102 Patients. 27th Annual Wake Forest Surgical Service Resident Research Day. Winston-Salem, NC. November 2019

Khan M, Cunningham T, David L. Nonsurgical Facial Rejuvenation: The Current State of Plastic Surgery Residency. American Society of Plastic Surgery The Meeting 2019. San Diego, CA. October 2019

Khan M. The Use of Social Media in Plastic Surgery. Department of Plastic & Reconstructive Surgery Grand Rounds. Wake Forest Baptist Medical Center, Winston-Salem, NC. December 2018

Khan M, Cuunningham T, David L . Nonsurgical facial rejuvenation: The Current State of Plastic Surgery Training. 26th Annual Wake Forest Surgical Service Resident Research Day. Winston, Salem, NC. November 2018.

Rebowe R, Allred L, Walker N, Priest O, **Khan M**, Park G, Rudolph M, Reynolds M, Runyan C. Negative Pressure Wound Dressing Applied to Free Tissue Transfers: A Case Series. 26th Annual Wake Forest Surgical Service Resident Research Day. Winston Salem, NC. November 2018.

Khan M. Platelet Rich Plasma Use in Plastic Surgery. Department of Plastic & Reconstructive Surgery Grand Rounds. Wake Forest Baptist Medical Center, Winston-Salem, NC. May 2018

Khan M, Pestana I, Hongda B, Li J .The Use of Negative Pressure Wound Therapy in Skin-Containing Free Tissue Transfer. American Society of Plastic Surgery The Meeting 2017. Orlando, FL. October 2017

Khan M, Pestana I, Hongda B, Li J .The Use of Negative Pressure Wound Therapy in Skin-Containing Free Tissue Transfer. American College of Surgeons 2017. San Diego, CA. October 2017

Khan M, Pestana I, Hongda B, Li J .The Use of Negative Pressure Wound Therapy in Skin-Containing Free Tissue Transfer. 25th Annual Wake Forest Surgical Service Resident Research Day. November 2017.

Khan M, Satteson ES, Driscoll C, Walker NJ, Rebowe R, Bagg MR, Person DW, Tannan SC. Abductor Pollicis Longus Suspensionplasty Compared to Ligament Reconstruction and Tendon Interposition. 24th Annual Wake Forest Surgical Services Resident Research Day. Winston Salem, NC. Novemeber 2016

Satteson ES, Driscoll C, **Khan M**, Walker NJ, Rebowe RE, Bagg MR, Person DW, Tannan SC. Abductor Pollicis Longus Suspensionplasty compared to Ligament Reconstruction and Tendon Interposition. 5th Annual Extremity Summit: What's New in Hand Surgery and Foot and Ankle Surgery. White Sulfur Springs, WV. June 2016

Satteson ES, Driscoll C, **Khan M**, Walker NJ, Rebowe R, Bagg MR, Person DW, Tannan SC. Abductor Pollicis Longus Suspensionplasty Compared to Ligament Reconstruction and Tendon Interposition. North Carolina Society for Surgery of the Hand Annual Meeting. October 2016. Pinehurst, NC.

Khan, M. Management of Femoral Artery Pseudoaneurysms in Patients Requiring Coronary Artery Bypass Grafting: Should the Same Treatment Paradigm Be Used as Those Not Undergoing CABG? CAMC Research Day 2014. Charleston, WV. 2014

COMMUNITY SERVICE

October 2018 Wake Forest Baptist Medical Center Heart & Vascular Community Event
Volunteer for 5K Walk

April 2018 March of Dimes, Winston Salem, NC – Volunteer

2014 – 2015 Charleston Homeless and Street Medicine (CHASM), Charleston, WV
Multidisciplinary group of healthcare providers who set out on foot for street rounds where we seek out the local homeless population. Provide access to basic medical needs and break down barriers to care. We offer them snacks, hygiene items, medical information, blood pressure testing, and referrals to medical care centers when appropriate.

Spring 2012 Habitat for Humanity, New Orleans, Louisiana
Collaborated with a team of 20 volunteers to complete various tasks involved in building a home, including: painting walls, inserting shelving units, installing roofing, and building a front porch. Participated in a ceremony in which a deserving New Orleans citizen received the keys to her new home

Spring 2009 Alternative Spring Breaks, New York, New York
Collaborated with community organizations such as Bed-Stuy Campaign Against Hunger and Bailey Holt House to create sustainable gardens in NYC.
Worked with ex-offenders to help them readjust to life outside of prison and provide them with horticulture skills that will accelerate their emersion into society

2008 Milan Puskar Health Right Free Clinic, Morgantown, West Virginia

Organized a community outreach project promoting oral hygiene and wrote weekly newsletters about common health issues
Assisted pharmacy technicians with administering prescriptions